

# UDL Daily Checklist

Date: \_\_\_\_\_

## Multiple Intelligences (check all that apply):

Visual/Spatial    
  Logical/Mathematical    
  Verbal/Linguistic    
  Bodily/Kinesthetic    
  Interpersonal    
  Intrapersonal    
  Musical    
  Naturalist

## Technology (check all that apply):

SMART Board    
  Teacher laptop    
  Student computers    
  LCD Projector    
  iPad/tablet    
  mp3 players    
  Document camera    
  Scanner  
 Digital camera    
 Speakers    
 Digital microscope    
 Webcam    
 Calculator    
 FM system    
 Colour printer    
 Other

## UDL Guiding Principles Checklist

### Multiple Means of Representation

- 1 – Provide options for perception
- 1.1 – Offer ways of customizing the display of information
- 1.2 – Offer alternatives for auditory information
- 1.3 – Offer alternatives for visual information
- 2 – Provide options for language, mathematical expressions, & symbols
- 2.1 – Clarify vocabulary and symbols
- 2.2 – Clarify syntax and structure
- 2.3 – Support decoding of text, mathematical notation, & symbols
- 2.4 – Promote understanding across languages
- 2.5 – Illustrate through multiple media
- 3 – Provide options for comprehension
- 3.1 – Activate or supply background knowledge
- 3.2 – Highlight patterns, critical features, big ideas, & relationships
- 3.3 – Guide information processing, visualization, & manipulation
- 3.4 – Maximize transfer & generalization

### Multiple Means of Action/Expression

- 4 – Provide options for physical action
- 4.1 – Vary the methods for response & navigation
- 4.2 – Optimize access to tools and assistive technologies
- 5 – Provide options for expression and communication
- 5.1 – Use multiple media for communication
- 5.2 – Use multiple tools for construction & composition
- 5.3 – Build fluencies with graduated levels of support for practice & performance
- 6 – Provide options for executive functions
- 6.1 – Guide appropriate goal setting
- 6.2 – Support planning & strategy development
- 6.3 – Facilitate managing information & resources
- 6.4 – Enhance capacity for monitoring progress

### Multiple Means of Engagement

- 7 – Provide options for recruiting interest
- 7.1 – Optimize individual choice & autonomy
- 7.2 – Optimize relevance, value & authenticity
- 7.3 – Minimize threats & distractions
- 8 – Provide options for sustaining effort & persistence
- 8.1 – Heighten salience of goals/objectives
- 8.2 – Vary demands & resources to optimize challenges
- 8.3 – Foster collaboration & community
- 8.4 – Increase mastery-oriented feedback
- 9 – Provide options for self-regulation
- 9.1 – Promote expectations & beliefs that optimize motivation
- 9.2 – Facilitate personal coping skills & strategies
- 9.3 – Develop self-assessment & reflection

## Notes